




Southwater Watersports Centre

Cripplegate Lane~ Southwater ~ Horsham~ West Sussex RH13 9UN

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e-mail: adrian@southwatersports.co.uk website: <http://www.southwatersports.co.uk/>

<p><u>Kayaking Training/Assessment Costs</u></p> <table border="0"> <tr><td>Taster All Ages</td><td>2 hrs</td><td>£40</td></tr> <tr><td>Paddle power courses in the Holidays (Under 16's)</td><td>12hrs</td><td>£99</td></tr> <tr><td>BCU 1* for over 16's</td><td>1 day</td><td>£79</td></tr> <tr><td>BCU 2* for over 16's (Canoe & Kayak)</td><td>12hrs</td><td>£99</td></tr> <tr><td>BCU 3* Touring New for over 16's</td><td>15hrs</td><td>£119</td></tr> <tr><td>BCU 3* White-water for over 16's</td><td>4days</td><td>£280</td></tr> <tr><td>One to One</td><td>2 hr</td><td>£80</td></tr> <tr><td>Foundation Safety & Rescue Course</td><td>1 day</td><td>£79</td></tr> <tr><td>Level 1 Coach (UKCC/BCU)</td><td>4 days</td><td>£280</td></tr> <tr><td>Level 2 Coach Training (UKCC/BCU)</td><td>4 days</td><td>£280</td></tr> <tr><td>Level 2 Coach Assess. (UKCC/BCU)</td><td>2 days</td><td>£140</td></tr> <tr><td>Level 2 Coach Assessment (BCU)</td><td>1 day</td><td>£79</td></tr> <tr><td>Level 3 Coach Training/ Assess. (BCU)</td><td>2days</td><td>£180</td></tr> <tr><td>Weekend away For River Trips</td><td>2 days</td><td>£180</td></tr> <tr><td>Local Trips</td><td>1 day</td><td>£79</td></tr> <tr><td>Alps Trip</td><td></td><td>£750</td></tr> </table>	Taster All Ages	2 hrs	£40	Paddle power courses in the Holidays (Under 16's)	12hrs	£99	BCU 1* for over 16's	1 day	£79	BCU 2* for over 16's (Canoe & Kayak)	12hrs	£99	BCU 3* Touring New for over 16's	15hrs	£119	BCU 3* White-water for over 16's	4days	£280	One to One	2 hr	£80	Foundation Safety & Rescue Course	1 day	£79	Level 1 Coach (UKCC/BCU)	4 days	£280	Level 2 Coach Training (UKCC/BCU)	4 days	£280	Level 2 Coach Assess. (UKCC/BCU)	2 days	£140	Level 2 Coach Assessment (BCU)	1 day	£79	Level 3 Coach Training/ Assess. (BCU)	2days	£180	Weekend away For River Trips	2 days	£180	Local Trips	1 day	£79	Alps Trip		£750	<p><u>Southwater Watersports Centre</u> is ALAA, British Canoe Union and Royal Yachting Association approved Centre.</p> <p>We run the Paddle Power Awards for under 16's and BCU 1* to 4* for over 16's also we run trips to go with the qualifications. We run Kayak Coach level 1 or 2 or 3.</p> <p>We also run Junior Sailing stage 1 or 2 or 3 Adult level 1 or 2, Junior windsurfing 1 or 2 or 3.</p> <p>The Country Park is a great environment for learning safely. All the Instructors are qualified and enthusiastic. The Facilities include hot showers and a Café to finish the day</p>
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<p><u>Junior Windsurfing Training Costs</u></p> <p>RYA Junior level 1 or 2 or 3 12 hour course Cost: £99</p>	 <p>All prices include equipment. But please bring change of clothes, towel and an old pair of trainers to protect your feet.</p>																																																
<p align="center"><u>Dinghy Training Costs</u></p> <table border="0"> <tr><td>Taster</td><td>2hrs</td><td>£40</td></tr> <tr><td>RYA Junior level 1 or 2 or 3</td><td>12hrs</td><td>£99</td></tr> <tr><td>RYA Adult level 1</td><td>12hrs</td><td>£149</td></tr> <tr><td>One to One</td><td>2hrs</td><td>£80</td></tr> </table>	Taster	2hrs	£40	RYA Junior level 1 or 2 or 3	12hrs	£99	RYA Adult level 1	12hrs	£149	One to One	2hrs	£80	 <p>Do not forget Junior and Adult Club's both Saturday Morning 9.30 to 11.30</p>																																				
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We run all the activities in the school holidays for children

Children's Course Dates

Easter Course Dates

Sailing mornings or afternoons @9.30am to 12.30pm or 4 afternoons @ 1.30pm to 4.30pm

Kayaking (new paddle power awards) 4mornings @ 9.30am to 12.30 or 4 afternoons @ 1.30pm to 4.30pm

<u>April 6,7,8,9</u> Kayak or Sailing	<u>April 14,15,16,17</u> Kayak or Sailing	
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May/June Half/Term Course Dates

Sailing mornings or afternoons @9.30am to 12.30pm or 4 afternoons @ 1.30pm to 4.30pm

Kayaking(new paddle power awards) 4 mornings @ 9.30am to 12.30 or 4 afternoons @ 1.30pm to 4.30pm

<u>May 26,27,28,29</u> Kayak or Sailing		
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Summer Course Dates

Sailing/Windsurfing 4 mornings @ 9.30am to 12.30 or 4 afternoons @ 1.30pm to 4.30pm

Kayaking(new paddle power awards) 4 mornings @ 9.30am to 12.30 or 4 afternoons @ 1.30pm to 4.30pm

<u>July 27,28,29,30</u> Kayak or Sailing	<u>August 3,4,5,6</u> Kayak or Sailing or Windsurfing	<u>August 10,11,12,13</u> Kayak or Sailing or Windsurfing
<u>August 17,18,19,20</u> Kayak or Sailing or Windsurfing	<u>August 24,25,26,27</u> Kayak or Sailing or Windsurfing	<u>Taster sessions</u> July 23,24,Sept 1,2

October Halfterm Course Dates

Sailing 4 mornings @ 9.30am to 12.30 or 4 afternoons @ 1.30pm to 4.30pm

Kayaking(new paddle power awards)4 mornings @ 9.30am to 12.30 or 4 afternoons @ 1.30pm to 4.30pm

<u>October 26,27,28,29.</u> Kayak or Sailing	<u>Taster Sessions</u> Oct 30 (sailing or kayaking)	
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Adult Course Dates

All Weekend courses are 9am to 4pm both days unless stated

<u>BCU 1*</u> March 29 April 19 May 3 May 31 June 28 July 19 Aug 2 Aug 16 Sept 13 Sept 27 Oct 18 Nov 8 <u>Tasters 3-5pm</u> April 11 May 30 June 13 July 11 Aug 8 Sept 5 Oct 10	<u>Kayak/Canoe</u> <u>BCU 2*</u> April 4/5 May 9/10 June 6/7 July 4/5 Aug 8/9 Aug 22/23 Sept 19/20 Oct 3/4 Oct 24/25 Nov 14/15 <u>Tasters3-5pm</u> April 18 May 2 June 27 July 25 Aug 8 Sept 12 Oct 17	<u>Dinghy Sailing</u> April11/12(L1) May 16/17(L2) June13/14(L1) July 11/12(L2) Aug8/9(L1) Sept 5/6(L2) Sept 26/27(L1) Oct 10/11(L2) Oct31/Nov1 (L1) Nov21/22 (L2) <u>Tasters 12.30</u> <u>to 2.30pm</u> April 4 May 9 June 20 July18 Aug 15 Sept 19 Oct 24	<u>For winter</u> <u>trips</u> <u>Look on Trips</u> <u>leaflet</u> <u>3*</u> <u>White-water</u> <u>Weekends</u> Jan 24/25 Feb 7/8 March 7/8 April 4/5 Nov 28/29	<u>Kayak/Coaching</u> Jan 17/18 L 3 Assessment, Feb 14/15 L3 Assessment, March 21L2Ass, Level 1 Coach 4/5&18/19April April 11 L2 Ass, May 16 L2 Ass, June 6 L2 Ass, Level 1 Coach June 21July5 June Eve 18,25 July Eve 2,9, July 11 L2 Ass, Aug 15 L2 Ass, Sept 5 L2 Ass, Level 1 Coach Aug 2,30,Days Eve 6,13,20,27 Level 1 Coach Oct 3,4 ,17,18 Oct 17 L2 Ass, Oct 10/11 L3 Assessment Nov 7/8 L3 Assessment Dec 5/6 L3 Assessment	<u>River Trips</u> March29local April 26 local May 24 local June 28 Local July 26 Local Aug 30 Local Sept 27 Local <u>Foundation</u> <u>Safety &</u> <u>Rescue Course</u> May 16 June13 July 11 Aug 8 Sept 26 Oct 10
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French Alps Trip

Leave Southwater on the 18th July about 6am to 7am by ferry and return on the 25th July

Extend your paddling and either for beginners or intermediate paddlers for individuals or groups particularly Canoe Clubs wanting Coaching and Guiding

Paddling a mixture of rivers depending on the ability of the group for example the Rivers Durance to Ubaye